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*Kris Cox*

HOMESCHOOLING SPEAKER  
& CONSULTANT

MEDIA KIT

# About Kris

## HOMESCHOOLING SPEAKER & CONSULTANT

Kris Cox is a retired homeschooler with a Bachelor of Science in Social Work and 17+ years of experience in home educating their four children. Shortly after their youngest graduated, Kris became a homeschool consultant, blogger, writer, and speaker. ([www.hswithconfidence.com](http://www.hswithconfidence.com)).

Kris believes that seeking God for guidance and depending on Him is the key to successful homeschooling. She strongly encourages developing a love for the Lord and a love for learning in your children as you educate them. Kris is inspiring and knowledgeable and has a passion for helping parents succeed in this incredible journey called 'home schooling'.

Kris and her husband love spending time with family and are enjoying the privilege of being grandparents. She also enjoys time with friends, walking, biking, playing board games, & reading. She is the author of *The Homeschool Life All-in-One Planner*, *Homeschooling with Confidence*, *Navigating High School Student Guidebook* and co-author of *Growing the Fruit of the Spirit*, a Bible-based Unit Study, and *Navigating High School Student Priority Planner*.



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# Experience



## SPEAKING & EDUCATION

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Homeschooled our four children for 17 years.

Began serving as a homeschool consultant and speaker in 2012.

Attended the Minnesota Association of Christian Home Educators (MACHE) home school conferences for most of the 17 years we homeschooled and received training for teaching there. I highly recommend the MACHE annual conference.

Helped start and co-lead the Constance E.T.C. home school co-op in Andover, MN for many years.

Tutored students in reading and ESL. I utilized Dianne Craft's brain integration therapy and right brain learning techniques as well as Susan Barton's Orton Gillingham approach for teaching children with dyslexia.

Worked as the phone responder for MACHE for 2-1/2 years and traveled the state of Minnesota for 5 years giving Firm Foundations MACHE workshops for homeschoolers who were in the early years of homeschooling.

Have B.S.W (Bachelors in Social Work) from the University of North Dakota and a certificate to teach English as a Second Language.

# Speaking Topics

## ✓ **Understanding the Homeschool Lifestyle**

Are you considering homeschooling but just not sure it's right for you? Do you need some assurance that homeschooling really works? This session will cover the positive aspects of homeschooling as well as some of the challenges, giving you a better picture of what homeschooling is all about and how it will affect your children long-term. We'll also talk through the key ingredients of a successful homeschool.

## ✓ **Homeschooling: Starting Off Right**

There are so many details and things to learn as you get started in homeschooling your children! This session will cover the most important things to know as you get started, such as your state's homeschool laws and details on how to follow them, making learning a lifestyle rather than just "doing school", the importance of discipleship, and building relationships while homeschooling, the value of the team approach, and also how to foster a love for learning and a love for the Lord.

## ✓ **Understanding Your Child's Learning Style**

Although most children can learn in a variety of ways, we all have preferences that can be capitalized on. Knowing your child's learning preferences can help you choose curriculum and teach your children more effectively. This workshop will help you determine your child's learning style preferences plus you'll be able to figure out your own learning/teaching style!

## ✓ **Choosing Curriculum to Fit Your Family**

How do you choose the best curriculum for your children? This session will give you a better understanding of what to consider when choosing curriculum. We'll also go through the most popular teaching methods out there to help you determine which ones might work best for your family. The goal of this session is to help you make the best curriculum choices for your family.

## ✓ **Raising Children who Love to Learn**

Do your children seem engaged and interested in learning each day, or do they tend to complain and whine about having to "do school"? As homeschoolers, many of us strive to raise lifelong learners who love to learn. This is an excellent goal, but how do we bring it to fruition? In this session you'll learn some practical ways to foster a love for learning in your children, so they ultimately become lifelong learners!

## MORE SPEAKING TOPICS

### ✓ **Managing Your Home and Homeschool Well**

Home educating your children requires some forethought and planning to make things run smoothly and efficiently, both in your school day and in your home. This session will provide suggestions for organizing your school plans and schedule to fit your family best. You'll learn some tips on keeping the house up by having children do chores, plus ideas for meal planning and organizing your home. Routine and planning can make your home life calmer and more relaxed, with children knowing what's expected and parents feeling less overwhelmed and stressed!

### ✓ **For Wives: Seven Great Ways to Strengthen Your Marriage**

Life can be so busy for us as women in the child-raising years. Adding homeschooling to the schedule just increases the busyness! Your marriage can unintentionally take a low place on the priority list in these years if you're not careful. How can we keep our marriage alive and well during the homeschooling years? Come and hear seven things we can do as wives to strengthen our marriage!

### ✓ **Helping Your Preschooler Build Reading Readiness Skills**

The preschool years are a great time to build the skills your child needs to prepare them for reading. Awareness of the letters and their sounds are not the only things you can work on at home to help your child prepare to learn to read. I'll share some simple and fun things you can do with your child to help them ultimately be more successful when it comes time to start reading.

### ✓ **What do I do with a Resistant Learner?**

Are you struggling with a resistant learner? Their resistance could be due to willful disobedience or character issues, developmental issues, learning style issues, a learning struggle, or even a mental health issue. Sometimes it's a combination of several of these things. In this workshop we'll discuss all these issues and some ideas for how to most effectively deal with them as well.

### ✓ **Homeschooling with Confidence**

Do you worry that you're not doing enough in educating your children? Do you sometimes doubt whether you should be homeschooling or wonder if your children are behind? Insecurity and doubt often plague us as homeschoolers, but God doesn't want us to live with these fears and doubts. This session will walk you through the most important things to focus on in homeschooling and help you find the peace that God wants you to have as you educate your children at home.

## MORE SPEAKING TOPICS

### ✓ **How to Find Balance in the Busy Homeschool Life**

We live in a very fast-paced society that often pulls us in many different directions. As parents, there's always someone who needs us, something that needs to be cleaned or fixed, or someone who needs to be fed. For homeschoolers, we also have the many facets of teaching our children not only the basics of life but also their ABC's and more. How do we find balance in the midst of these demands on our time? This workshop will talk about setting priorities, learning to abide in Christ, discerning His leading on how we use our time, and also how to find moments of rest on those stressful and busy days.

### ✓ **Finding Joy in Your Homeschool Journey**

Homeschooling is a 24/7 job and can be exhausting! Come and learn some of the primary causes of burnout while homeschooling and how to avoid them. This workshop will help you learn how to "hang in there," and beyond that, to even enjoy the privilege of homeschooling for all the years you're called to do it!

### ✓ **The Nuts and Bolts of Homeschooling through High School**

Homeschooling into the high school years can feel a bit intimidating, but these years are often some of the best years of homeschooling as you help your child mature into adulthood and find God's purpose for their lives. This session will cover the basics of how to make an academic plan for your high school student (whether they are college-bound or not). You'll also learn about grading guidelines, figuring out a GPA, making a transcript and what to do about a diploma. Finally, many students can take college-level courses while in high school and get credit for both high school and college at the same time! In this session we'll briefly discuss the Dual-Enrollment program, CLEP, DSST and AP testing. This session will help you feel confident in planning and executing your student's high school plan to prepare them for all God has for them in their future.

### ✓ **Important insights into launching your teens into adulthood**

We live in a noisy society with information overload via social media and technology. Teens face pressure to follow the crowd like never before. Stress, anxiety and depression are at an all-time high. It's a difficult time to raise teens who are steadfast in their faith and have a strong Christian worldview. And during high school, we also need to prepare them for adulthood, guiding them to use their God-given gifts and abilities to serve the Lord after graduation. Although there are no guarantees, with God's help, we can provide a high school experience that helps our teens launch well and follow the Lord into adulthood. Join Kris for this session where you'll learn valuable insights on empowering your teen to live for Jesus in a society that is becoming post-Christian, plus help them to be well-prepared for life as an adult.

## MORE SPEAKING TOPICS

### ✓ **What if my Child Doesn't Want to go to College?**

Does your student have little to no interest in going to college after graduation? Maybe they want to do an apprenticeship, go to a trade school, join the military, or maybe they want to be a stay-at-home mom. How do you help them find the purpose for which God made them? This workshop will address planning the high school years for those students who are NOT college bound, helping you make a solid high school plan that will meet their needs and prepare them for whatever their future might hold.

### ✓ **You've Finished Your Homeschool Journey: What's Next?**

Is there life after homeschooling? Many moms who have just finished the journey of homeschooling their children feel like displaced home educators. It's almost an identity or mid-life crisis experience - after investing so much time into educating our children, we suddenly don't know what we're supposed to do! How can we make this transition go more smoothly? This workshop will help you work through some of the emotional struggles that come with finishing your homeschooling career and will help you find direction for your future.

FEATURED AT: **MACHE Conference** 2015-2019 & 2022    **CHSD CONFERENCE** 2022, 2024    **ICHE Conference** 2023

## Client Testimonials

“ I have known Kris Cox for 17 years. Kris was readily available when I went to her for advice, guidance, and encouragement while I homeschooled my son for 12 years. Her dedication to excellence in the physical, spiritual, and educational development of her children was an inspiration to me. I admire Kris for her hard work, commitment, and joy in homeschooling as well as her character as a Christian friend, wife, and mother. -Judy

## MORE TESTIMONIALS

“ I highly recommend Kris Cox. She is familiar with a wide range of curriculum and tailors her sessions to offer the best suggestions for your child’s learning style. When Kris met with me, I immediately felt comfortable with her. I also felt that her rate was very inexpensive, especially considering how much thought and preparation she had put into fulfilling my homeschooling goals. Kris is a genuinely kind woman who cares about parents and children and obviously puts a lot of effort into satisfying her clients’ needs. - Joanne

“ We found Kris's workshop extremely helpful! We left feeling energized and much better prepared to move forward with our homeschool. We were VERY pleased and so glad we attended!!!

“ Kris was amazing, and even with our bigger group made time to speak with everyone - it was a great workshop, and I'd highly recommend it even to those who are experienced in homeschooling! (From a Firm Foundations workshop on getting started)



## GET IN TOUCH

I love to empower and encourage homeschool parents. Let me know if you’d like me to come and speak for your group or at your next homeschool event.

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*-Kris*